

# UPDATES THAT YOU CAN TRUST FOR YOUR BUSY PRACTICES



**It's respiratory virus season again. As viruses circulate, so does a lot of mixed information.**

NMQF is committed to helping you stay abreast of key happenings in the world of vaccines, giving you monthly updates and links to materials to use with your patients.

## What Are the Respiratory Vaccine Guidelines?

Concerns about the CDC vaccine policy have prompted several professional groups to create evidence-based guidelines. Our expert panel suggests following the guidelines from the [American Academy of Family Physicians](#) (AAFP), [American Academy of Pediatrics](#) (AAP), and [American College of Obstetricians and Gynecologists](#) (ACOG). You can also review the [Vaccine Integrity Project](#) for guideline comparisons and consult regional collaboratives such as the [Northeast Public Health Collaborative](#) and [West Coast Health Alliance](#).

### COVID-19 Vaccines

- Everyone 6 months and older:** Give one updated COVID-19 shot.
- Includes:** Children, all adults, and pregnant people (any trimester or during breastfeeding).

See more recommendations for children [here](#)

See more recommendations for adults [here](#)



### RSV Protection

- Adults 75+:** Give one RSV shot. Only 1 dose per lifetime is needed.
- Adults 50–74:** Give one RSV shot for those at [increased risk for severe illness](#).
- Pregnant people:** Give one RSV shot at 32–36 weeks (Sept–Jan) to protect infants.
- Infants and children 8–19 months:** Give one nirsevimab or clesrovimab dose before their second RSV season if at increased risk for severe illness, regardless of prior maternal RSV vaccination or previous dose.

See more [here](#)



### Flu Vaccines

- Everyone 6 months and older:** Give a flu shot every year.

See more [here](#)



See the AAP Recommended Child and Adolescent Immunization Schedule [here](#).

See the AAFP Immunization Schedule for children, adolescents, and adults [here](#).

See the ACOG Maternal Immunization Guidance for COVID-19, Influenza, and RSV [here](#).

See how the different respiratory virus immunization guidelines compare [here](#) (CIDRAP Fall Immunization Infographic)

See next page for more resources



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Quality and Equity

# NMQF VACCINE UPDATE: OCTOBER 2025

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**Respiratory Virus Surveillance and More.** With current CDC limitations, refer to your state immunization program or health department for data on respiratory virus activity and vaccine updates in your community.



Association of  
Immunization  
Managers



Are Vaccines Covered by Insurance?  
See summary of [vaccine health insurance coverage](#), scheduled to be in place through 2026.

### Helpful Resources



Private Insurance: Covers all ACIP-recommended vaccines for children and adults at no cost.



Medicare Part B: Covers Influenza, Pneumonia, Hepatitis B, and COVID-19 vaccines at no cost.



Medicare Part D: Covers other ACIP-recommended vaccines (e.g., Shingles, Tdap, RSV) with no cost sharing.



Medicaid: Covers all ACIP-recommended vaccines for adults with no cost sharing.



Uninsured Adults: Some states offer limited adult vaccines through the CDC 317 grant program. Availability varies by state.

**You are your patients' most trusted source for vaccine information.** Find some resources to share with your patients below. Encourage your patients, including through the patient portal, to reach out to you for information.

### Our Tools



Flu Communication toolkit



Quality Improvement Toolkit



Patient Education Materials

### Other Tools



The National Minority Quality Forum (NMQF) and the Center for Sustainable Health Care Quality and Equity (SHC) are committed to promoting health equity in every community. We thank our experts — Dr. Yabo Beysolow, Ms. Abby Bownas, Dr. Keith Ferdinand, and Dr. Donney John — for helping guide this information.

Learn more at: <https://shc.nmqf.org>



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Coming in November: Building Vaccine Confidence